## An example of a KS1 daily timetable

Year 2	Tuesday 12th January
08.55  Morning  Prover	Morning Prayer (Our School Good Morning Prayer)  Dear Lord, We thank you God for this school day, Full of kindness, laughter and play. Help us to make the right choices in life by Living, learning and growing in God's love. Guide us to be like you and to put you first in everything that we do. Amen.
9.00 -9.30 Mindfulness	The Body Squeezing Exercise: Sit or lie down so that you are comfortable and relaxed. Squeeze and relax each muscle in your body one-by-one. Curl your toes as though you are picking up a pencil. Tense your legs by pretending you are standing on tippy-toes. Suck in your stomach as if you are trying to squeeze through a narrow space. Make fists with your hands and pretend you are trying to squeeze the juice out of an orange. Pretend a bug landed on your nose and you're trying to get it off without using your hands. Scrunch you face to make it fly away! Repeat 3 times and relax for 10 mins.
9.30- 10.00 Ruth Miskin Training	Phonics: Please follow the link sent for your child for RWI activities.
10.00-10.30	Assembly: https://www.tentenresources.co.uk/prayers-for-home/2580492372347623974-2/
Ten:Ten	Please follow the link and look at Tuesday prayer time.
Resources	Tuesday - Our families provide a home for us; God is preparing a place for us in Heaven.
10.30-11.00	Break
11.00-11.30	Log onto www.spag.com Complete the suffixes test A. Extension: Can you think of any different suffixes? Write them down and email them to me for Marvellous Me rewards.
11.30 -12.00 Maths White Rose Maths	Yesterday we were trying to recognise equal groups and today we are making equal groups. Watch the video: <a href="https://vimeo.com/488108584">https://vimeo.com/488108584</a> Complete the Tuesday Maths worksheet. If you can't print the sheet, then draw the answers on a piece of paper.
12.00- 1.00	Lunchtime prayer followed by a healthy lunch
1.00-2.00	Science-Recognise different types of weather. Go on to developing experts.com and log in. You will receive an email with your login details.  Watch and listen to the presentation. Then scroll down you will need to download a handout. You do not have to print it. Watch 'Today's expert film' then 'Mission assignment film.'  Complete the task given. Become weather forecaster and predict the weather for the next five days. Watch the weather and take note if your predictions were correct. Remember a prediction is a sensible guess.  Extension task: Go on Purple Mash and complete the weatherman/woman mash cam activity. Remember to type in your weather predictions in the speech bubble.
2.00 <b>Afternoon</b>	Final Prayer: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass
Prayer	against us; and lead us not into temptation, but deliver us from evil. Amen