

ST CHADS PRIMARY SCHOOL LUNCH MENU

SEPTEMBER 2019 TO APRIL 2020

WEEK 1

2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER, 11 NOVEMBER, 2 DECEMBER, 6 JANUARY, 27 JANUARY, 24 FEBRUARY, 16 MARCH

IONDAY

LUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Toad in the hole Salmon Bites

v - Quorn Sausage in Onion Gravy Creamed Potato, Peas & Baked Beans Fruity Flapiack & Custard

Chicken Tikka Curry
v - Quorn Tikka Curry /
Macaroni Cheese
Best of Both Rice, Sweetcorn
Jam Bounds

Roast Chicken & Seasoning v - Quorn Chicken Pitta / Pizza Pocket Roast and Baby Potatoes, Carrots & Cabbage Apple Crumble & Custard

Spaghetti Bolognaise & Garlic Bread Chicken Wrap v - Vegetable and Lentil Spaghetti & Garlic Bread Waffle Fries. Broccoli & Coleslaw

Breaded Fish Fillet v - Cheese Plait / Margherita Pizza Chipped Potatoes, Baked Beans & Sweetcorn Banana Muffin & Glass of Milk

Lemon Drizzle Cake & Custard

WEEK 2

9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER, 18 NOVEMBER, 9 DECEMBER, 13 JANUARY, 3 FEBRUARY, 2 MARCH, 23 MARCH

Beef Grill

v - Cheese Pinwheel
Fat Free Wedges
Sweetcorn & Spaghetti Hoops
Fruit Cheesecake

Cottage Pie/Crispy Chicken Bites v - Quorn Cottage Pie Sauté Potatoes, Country Mixed Vegetables Pineapple Upside down Cake & Custard

Roast Gammon & Pineapple v - Vegetable and Lentil Korma Rice / Mashed Potato Carrots & Peas Rice Pudding with Pears & Raisins

Chicken Flatbread v - Vegetable & Quorn Pie Waffle Fries, Green Beans & Sweetcorn Chocolate Crunch & Mint Custard

Pepperoni Pizza / Fish Fingers v - Vegetarian Pizza Chipped Potatoes, Peas & Baked Beans Strawberry Mousse

WEEK 3

16 SEPTEMBER, 7 OCTOBER, 4 NOVEMBER, 25 NOVEMBER, 16 DECEMBER, 20 JANUARY, 10 FEBRUARY, 9 MARCH, 30 MARCH

Chicken Katsu Curry Tempura Fish Goujons v - Quorn Katsu Curry Boiled Rice ,Diced Potato, Peas, Carrots Eton Mess

All day breakfast / v -Veggie Breakfast Tuna & Tomato Pasta Bake Hash Brown / Garlic Bread Baked Beans / Sweetcorn Chocolate Sponge with Beetroot & Custard

Roast Beef & Yorkshire Pudding v - Cheese Savoury Roast & Boiled Potatoes Broccoli / Mixed Vegetables Apple & Blackcurrant Crumble & Custard

Chicken Wrap

v - Quorn Sausage Cowboy Hotpot Wedges, Sweetcorn / Rainbow Slaw Sticky Toffee Pudding & Custard

Cod Bites/Pepperoni Pizza
v - Vegetarian Pizza
Chipped Potatoes
Baked Beans / Peas & Sweetcorn Mix
Oaty Cookie

DELI OPTIONS

(ALWAYS AVAILABLE

Jacket Potato Served with a variety of fillings Help yourself salad cart, freshly made bread, Grab bag sandwich meal

DAILY DESSERTS

(ALWAYS AVAILABLE)

Chef's handmade dessert (see board for details)
Selection of fresh fruit, Yoghurt, Cheese & Biscuits, Jelly, Orange Squash (new)



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